BULLS-EYE: HITTING THE RIGHT TARGET WITH YOUR TREATMENT

Are you treating persistent pain with the same treatment techniques that you use for acute problems? Acute and chronic pain are different pain states and need to be addressed in distinctive ways. This practical and unique course will develop a framework for your clinical practice that teaches you to incorporate a toolkit for addressing central pain mechanisms, as they drive persistent pain states. Mind-body connection has been a popular topic over the past decade when looking at persistent pain in a clinical setting but it has not always been linked to pain education. Learn how to incorporate Qi Gong, Yoga, Guided imagery, Guided relaxation into your clinical practice in order to down regulate the nervous system. Learn to identify potential threats that up-regulate your patient’s nervous systems and contribute to their ongoing pain state.

This course includes pre-course reading, pre-course webinar, lecture and lab. Registration includes a copy righted patient-therapist handbook and audio files for patient meditation, yoga and Qi Gong exercises.

No Prerequisites since this is a general course and not specific to pelvic pain.

REGISTRATION FORM: (Fax 307-733-5505 or email)

NAME/CREDENTIALS ________________________________
ADDRESS __________________________________________
PHONE NUMBER _________________________________
EMAIL ADDRESS ___________________________________
PAYMENT: CHECKS: Four Pines Physical Therapy
C/O Norene Christensen
PO Box 8467
Jackson, WY 83002
CC Number: ____________________________
Exp Date _____________ CVC # _______________

INSTRUCTORS
CAROLYN VANDYKEN, PT
SANDY HILTON, PT, DPT

WHEN
JAN 10-11, 2015
8:00-4:30

LOCATION
SNOW KING RESORT,
JACKSON, WY

COST
$695.00

SPONSOR
FOUR PINES PHYSICAL THERAPY
PO Box 8467
Jackson, WY 83002
307-733-5577
norene@fourpinespt.com

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Snow King Resort
Special Course Room Rates
1-800-522-KING
Group Code 54465
or
www.snowking.com
Click white “RESERVE” link under dates, click “Group Code” link and Enter Group Code 54465

Four Pines-Pelvic Pain