**DERMONEUROMODULATION FOR NERVES OF BODY**

* **THEORY PRESENTED EVENING PRIOR**
* **SCHEDULE MAY BE REVISED AT ANY TIME, OR EXPANDED TO FOUR DAYS IN COUNTRIES WHERE TRANSLATION IS REQUIRED**

**DAY 1: DORSAL RAMI OF NECK, CERVICAL PLEXUS**

**OVERVIEW**

Day 1 consists of 4 lab sessions, which introduce assessment and suggested treatment for dorsal rami of spinal nerves that innervate posterior structures of the spine and skin over the back of the head and neck, and overview and treatment of nerves of the cervical plexus. Entrapment possibilities are considered. Although cutaneous nerves are considered and targeted, deeper nerves may well be affected also.

**WORKSHOP: Proposed schedule**

***MORNING*: DORSAL RAMI AND CUTANEOUS NERVES HEAD, NECK, UPPER BACK**

8:30am - 10:30am

Introductions, Learning exercises, Neuroanatomy review of dorsal rami and cervical plexus

**LAB 1:** DEMO, TREATMENT SUGGESTIONS FOR:

Occipital nerves and dorsal rami of neck.
Suboccipital nerve.
Superficial cervical plexus, supraclavicular nerves (anterior and posterior)

**BREAK 15 minutes**

10:45 - 12pm

**LAB 2: CONTINUATION OF LAB 1**

**LUNCH BREAK 1 hour**

***AFTERNOON*: CUTANEOUS NERVES OF UPPER TRUNK, ANTERIOR AND POSTERIOR**

1:00pm - 3:00 pm

**LAB 3:** DEMO, TREATMENT SUGGESTIONS FOR:

Dorsal rami, lateral and anterior cutaneous nerves of upper trunk

**BREAK 15 minutes**

3:15pm - 5:00pm

**LAB 4: CONTINUATION OF LAB 3**

**DAY 2: BRACHIAL PLEXUS**

**OVERVIEW**

Day 2 consists of 4 lab sessions, which introduce assessment and suggested treatment for ventral rami and plexuses of spinal nerves of the body that innervate skin over the sides and front of neck, shoulder girdle, arm and hand. Entrapment possibilities are considered. Although cutaneous nerves are considered and targeted, deeper nerves may well be affected also.
As time allows, we pick up with the spinal nerves from L1 down, beginning our assessment and treatment of nerves of the lower body.

**Proposed schedule**

***MORNING*: BRACHIAL PLEXUS: CUTANEOUS AND MOTOR NERVES OF UPPER ARM, ELBOW, HAND**

8:30am-10:30am:

Neuroanatomy review of brachial plexus

**LAB 1:** DEMO, TREATMENT SUGGESTIONS FOR:

* Motor nerves of brachial plexus for shoulder girdle (Suprascapular, subscapular, dorsal scapular, long thoracic, thoracolumbar)
* Intercostobrachial nerve
* Axillary nerve
* Dorsal scapular alternate

**BREAK 15 minutes**

10:45 - 12pm

**LAB 2**: DEMO, TREATMENT SUGGESTIONS FOR:

* Long nerves of arm
* Cutaneous nerves of arm and hand

**LUNCH BREAK 1 hour**

***AFTERNOON*: DORSAL RAMI AND CUTANEOUS NERVES OF LOW BACK AND POSTERIOR PELVIS**

1:00pm - 3:00 pm

Neuroanatomy review of dorsal rami and cutaneous nerves of low back and posterior pelvis

**LAB 3:** DEMO, TREATMENT SUGGESTIONS FOR:

* Long spinal nerves within low back
* Cluneal nerves (superior and medial)

**BREAK 15 minutes**

3:15pm - 5:00pm

**LAB 4:** Continued

**DAY 3: LOWER BODY CONT: LUMBAR PLEXUS AND SACRAL PLEXUS**

**OVERVIEW**

Day 3 consists of 4 lab sessions, which introduce assessment and suggested treatment for ventral rami and plexuses of spinal nerves of the body that innervate skin over the sides and front of pelvis, pelvic floor, entire leg and foot. Entrapment possibilities are considered. Although cutaneous nerves are considered and targeted, deeper nerves may well be affected also.

**Proposed schedule**

***MORNING*: LUMBAR AND SACRAL PLEXUS**

8:30am-10:00am

Neuroanatomy review: Lumbar plexus

**LAB 1:** DEMO, TREATMENT SUGGESTIONS FOR

Nerves of lateral and anterior pelvis (Iliohypogastric, genitofemoral, femoral, ilioinguinal)

**BREAK 15 minutes**

10:15 - 12:00pm

Neuroanatomy review: Sacral plexus and pelvic floor

**LAB 2:** DEMO, TREATMENT SUGGESTIONS FOR

Nerves of back of leg and inside of thigh (Posterior cutaneous nerve of thigh, cutaneous portion of obturator nerve, posterior branch of saphenous nerve)

**LUNCH BREAK 1 hour**

***AFTERNOON*: LUMBAR AND SACRAL PLEXUS (continued)**

1:00pm - 3:00pm

**LAB 3:** DEMO, TREATMENT SUGGESTIONS FOR

Nerves of the pelvic floor (pudendal, perineal)

**BREAK 15 minutes**

3:15pm - 5:00pm

Neuroanatomy review: Sciatic nerve

**LAB 4:** DEMO, TREATMENT SUGGESTIONS FOR

Nerves of the knee, lower leg, foot (femoral, tibial, peroneal, saphenous, plantar)