**Provisional Course Schedule:**

**Better information for better care – Using evidence to inform practice**

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| **Time** | **Session** |
| **Day 1** |
| **9:00** | * Intro, housekeeping
* Lectures: Clinical research, epidemiology and EBP - Do we need them?
* Group task- framing an answerable question
 |
| **10:30** | Coffee  |
| **10:50** | * Group task: searching for evidence
* Lecture: The basics of critically reading any paper
* Lecture: Basics of measurement and interpreting effect sizes + short group task
* Q&A
 |
| **12:30** | Lunch |
| **1:30** | * Lecture: RCTs - what should I look for?
* Q&A
 |
| **2:40** | Coffee  |
| **3:00** | * Group session: Small groups apply CASP critical appraisal tool to 2 RCTs
* Group discussion
 |
| **5pm** | Finish |
| **Day 2** |
| **9:00** | * Group task - effect sizes - Pizza vs Leaves
* Lecture: observational studies - what should I look for?
* Workshop - critical appraisal of 2 observational studies
* Q&A
 |
| **10:15** | Coffee  |
| **10:30** | * Group session: Small groups apply CASP critical appraisal tool to observational study
* Group discussion
* Lecture: Basics of systematic reviews – what should I look for?
 |
| **12:00** | Lunch |
| **1pm**  | * Lecture: Making sense of meta-analysis
* Group task – interpreting a meta-analysis
* Q&A
 |
| **3pm** | Coffee |
| **3:30** | * Group session: small groups apply CASP critical appraisal tool to 1 systematic review
* Case study lecture: applying the results of systematic review to practice
* Group Discussion
 |
| **4:30-5pm** | * **Finish**
 |
| **Day 3** |
| **9:00** | * Lecture – LBP through an epidemiological lens: what does observational research tell us about the burden, and the way it is currently managed?
* Lecture – low back pain in a broader context of health – where the literature is at.
* Q&A
 |
| **10:30** | **Coffee** |
| **10:50** | * Lecture- LBP and clinical guidelines: towards best practice?
* Group task – barriers and facilitators to guideline implementation
 |
| **12:30** | **Lunch** |
| **1:30** | * Group task: Interpreting 2 conflicting LBP research papers
 |
| **2:40** | **Coffee** |
| **3:00** | * Lecture - a model for integrating care for back pain and general health risk factors
* Lecture: Round up and sticky messages
* Group Discussion
 |
|  | **Finish** |