**Provisional Course Schedule:**

**Better information for better care – Using evidence to inform practice**

|  |  |
| --- | --- |
| **Time** | **Session** |
| **Day 1** | |
| **9:00** | * Intro, housekeeping * Lectures: Clinical research, epidemiology and EBP - Do we need them? * Group task- framing an answerable question |
| **10:30** | Coffee |
| **10:50** | * Group task: searching for evidence * Lecture: The basics of critically reading any paper * Lecture: Basics of measurement and interpreting effect sizes + short group task * Q&A |
| **12:30** | Lunch |
| **1:30** | * Lecture: RCTs - what should I look for? * Q&A |
| **2:40** | Coffee |
| **3:00** | * Group session: Small groups apply CASP critical appraisal tool to 2 RCTs * Group discussion |
| **5pm** | Finish |
| **Day 2** | |
| **9:00** | * Group task - effect sizes - Pizza vs Leaves * Lecture: observational studies - what should I look for? * Workshop - critical appraisal of 2 observational studies * Q&A |
| **10:15** | Coffee |
| **10:30** | * Group session: Small groups apply CASP critical appraisal tool to observational study * Group discussion * Lecture: Basics of systematic reviews – what should I look for? |
| **12:00** | Lunch |
| **1pm** | * Lecture: Making sense of meta-analysis * Group task – interpreting a meta-analysis * Q&A |
| **3pm** | Coffee |
| **3:30** | * Group session: small groups apply CASP critical appraisal tool to 1 systematic review * Case study lecture: applying the results of systematic review to practice * Group Discussion |
| **4:30-5pm** | * **Finish** |
| **Day 3** | |
| **9:00** | * Lecture – LBP through an epidemiological lens: what does observational research tell us about the burden, and the way it is currently managed? * Lecture – low back pain in a broader context of health – where the literature is at. * Q&A |
| **10:30** | **Coffee** |
| **10:50** | * Lecture- LBP and clinical guidelines: towards best practice? * Group task – barriers and facilitators to guideline implementation |
| **12:30** | **Lunch** |
| **1:30** | * Group task: Interpreting 2 conflicting LBP research papers |
| **2:40** | **Coffee** |
| **3:00** | * Lecture - a model for integrating care for back pain and general health risk factors * Lecture: Round up and sticky messages * Group Discussion |
|  | **Finish** |